

Home	News	Sport	Business	Lifestyle	What's On	Your Say	Local Search	Newspaper
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Read more: <http://www.cambridge-news.co.uk/Health/New-implant-available-to-treat-men-with-urinary-symptoms-24072014.htm>

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SHARE



TWEET

## New implant available to treat men with urinary symptoms



New Implant Available

Do you suffer from waterwork symptoms? Are you up frequently during the night to pee and then feel tired during the day? When you are out and about, are you always looking for a toilet? If you do, it's likely that you suffer from a condition called benign prostatic enlargement (BPE), sometimes known as benign prostatic

hyperplasia (BPH). Other symptoms may include a poor flow, being unable to fully empty the bladder and needing to rush to the toilet with urgency.

After careful assessment by your doctor or urologist, you may be started on medications to treat your prostate. If these do not work well enough, or if you suffer side effects, you may require surgery. This usually involves cutting away your prostate (using electric current for a TURP or with a laser) to make a larger opening within your prostate. Although all these treatments are effective, they are associated with side effects, impairment in sexual function and delay in returning to work. Medications for the prostate can cause a dry orgasm (due to sperm entering the bladder), lowered sex drive and tiredness. Surgery usually causes a permanent dry orgasm, maybe associated with incontinence and impotence and in the early days following surgery, pain on passing urine and a delay in working again, sometimes for a few weeks.

Now there is a new treatment available in the UK. Developed by Neotract in the USA, the Urolift device involves placing very small implants into the prostate and pulling the prostate open. As it's a gentler procedure with no cutting or burning, it has minimal side effects and is more effective than medication.

The Urolift device has over \$50 million worth of research studies behind it and it is this reason that the health watchdog NICE (the National Institute for Health and Care Excellence) gave the device approval to be used in the UK. The procedure typically takes 15-30 minutes to perform and can even be performed under a local anaesthetic. Afterwards, you may have some burning when you pass urine for 36-48 hours. Most men return to work after 3-5 days with minimal adverse effects of surgery. Also pioneering is that this procedure is not associated with any sexual dysfunction with no reported incidences of dry orgasm or impotence.

The procedure is currently available privately at the Cambridge Spire Lea

Hospital by Mr Thiruchelvam who is a consultant urological surgeon at Addenbrookes Hospital, Cambridge and Cambridge Spire Lea Hospital.

Mr Thiruchelvam is the clinical lead in his long-standing specialist area of interest, bladder dysfunction, incontinence, reconstruction and urethral stricture disease. In the last two years Mr Thiruchelvam has written three book chapters and two peer-reviewed articles on male urinary symptoms due to BPH and contributed to NICE discussions and NHS Horizon Scanning documents on male urinary symptoms. He is an elected member of British Association of Urology Surgeons and European Association of Urology (EAU) committee sections on bladder dysfunction and an invited member of the EAU Young Academic Section on BPH. Mr Thiruchelvam has also spoken on this subject recently in national and international urology meetings.

If you would like to find out more please contact: Spire Cambridge Lea Hospital on 01223 266929 or email [info@spirecambridge.com](mailto:info@spirecambridge.com).

Further details on Mr. Nikesh Thiruchelvam can be found on his consultant profile at [www.spirecambridge.com](http://www.spirecambridge.com)